

00:15:15 Bonnie McDonald Dixon: Hi Arline! So good to see you here!

00:29:23 Michael Whitehouse - GC: You know how (Problem)?

What I do is (Solution)

00:29:36 Garland Coulson | "Captain Time" - GC:

<https://ca.linkedin.com/in/ebusinessstutor>

00:29:41 Susan Jarema | Grand Connection & New Earth Marketing GC:

<https://www.linkedin.com/in/susanjarema/>

00:29:54 Michael Whitehouse - GC: LinkedIn:

<https://www.guywhoknowsaguy.com/linkedin>

Join my free community (<https://www.guywhoknowsaguy.com/village>)

00:30:28 John Baker: <https://www.linkedin.com/in/john-baker-104593280>

00:30:30 Allan Roberts: Mindset Master Coach, Author, Mentor, and Speaker.

<https://www.linkedin.com/in/allan-roberts-183a49104/>

Worcestershire UK

00:30:39 Scott King | G: Scott King Edmonton Alberta Canada

<https://www.linkedin.com/in/scottkingthebreakthroughhub/>

00:30:50 Hilary Samuel: Wake Up! (With the Power of Sleep): Hilary Samuel

Sleep is about waking up!

Hilary Samuel - Sleep Coach & Creator of Sleep to Thrive

[hilary@hilarysamuel.com](mailto:hilary@hilarysamuel.com)

[AsleepAtLast.com](http://AsleepAtLast.com)

(613) 686-3113

ICF Associate Certified Coach

CLI Mind-Kinetics® Power Coach®

NBC-HWC Certified Health Coach

00:31:08 Susan Jarema | Grand Connection & New Earth Marketing GC: we are recording too!!!

00:31:38 Bonnie McDonald Dixon ~ GC Lifewave Consultant:

<https://www.linkedin.com/in/bonniemcdonaddixon/>

00:31:59 Arline Warwick-Sponsorship Expert: I am holding a complimentary class about getting sponsors for your business or nonprofit even if you're an online business. Here is my text number if you'd like to get the registration link 386 212 6892 linked in Arline Warwick Find Corporate Sponsors

<https://calendly.com/arlinewarwick/get-sponsors-conversation>

00:32:05 Mike Vardy | GC: Reacted to "I am holding a compl..." with ðŸ’

00:32:08 Susan Jarema | Grand Connection & New Earth Marketing GC: Reacted to "I am holding a compl..." with ðŸ’

00:34:14 Michael Whitehouse - GC: YES! Respect the format!

00:34:39 Mike Vardy | GC: Here's my LinkedIn:

<https://www.linkedin.com/in/mikevardy/>

00:34:43 Mike Vardy | GC: Reacted to "YES! Respect the for..." with ðŸ’

00:39:35 Michael Whitehouse - GC: More importantly, if you pitch two things, people remember zero

00:39:43 Mike Vardy | GC: Reacted to "More importantly, if..." with ðŸ’

00:40:27 Bonnie McDonald Dixon ~ GC Lifewave Consultant: Reacted to "More importantly, if..." with ðŸ’š

00:44:58 Michael Whitehouse - GC: You don't "just need to mention." All people are thinking is "you just need to stop talking"

00:45:18 Mike Vardy | GC: Reacted to "You don't "just need..." with ðŸ’€

00:46:56 Susan Jarema | Grand Connection & New Earth Marketing GC: Grand Intro Workbook  
<https://storage.googleapis.com/msgsndr/1Zgsup9mU1AHJK9O5C4J/media/688d23017834ac46fd5b1ec0.pdf> (our GPT is at the end)

00:53:57 Susan Jarema | Grand Connection & New Earth Marketing GC: Our referral app helps to make great warm introductions easily via linkedin MMT Referral App Free Version (Saving you \$10) + Monthly Trainings Grab Our App!  
<https://grandconnection.ca/grand-connection-referral-app/>

01:06:11 Mike Vardy | GC: Appreciate everyone being so forgiving todayâ€¦!

01:11:32 Maria Belanic GC: gotta run, appreciate you all

01:11:40 Mike Vardy | GC: Iâ€™ll be going to that Retreat one for sure!

01:11:56 Mike Vardy | GC: Reacted to "gotta run, appreciat..." with ðŸ’€

01:13:14 Scott King | G: Thank you, all. I am hard stop on the hour. Cheers!

01:13:18 John Baker G: Susan Jarema Your contact information please

01:13:38 Mike Vardy | GC: In our group next month, Iâ€™ll be diving into Profit with Purpose.

Weâ€™ll look at how money management, profitability, and mindset all tie directly into productivity. Iâ€™ll share how building simple money habits can support the same kind of systems we use to manage our time, how profitability connects to prioritization and decision-making, and how shifting your mindset around money can actually reduce stress and free up more attention for the work that matters most.

01:15:56 Michael Whitehouse - GC: Toronto is only a 10 hour drive for me. Let me know when that's happening. :)

01:16:33 John Baker G: Hi Everyone I'm in Tampa FL