

00:08:59 Grand Connection Events:  
<https://docs.google.com/document/d/1GANzHTqIWpWBUetidNIolcQu4IFGC5brQSXqkXdL8pg/edit?usp=sharing>

00:22:53 pamelastambaugh: I will be off camera for a few until I'm ready to be seen! Give me a minute.

00:24:12 Grand Connection Events: Reacted to "I will be off camer..." with 👍

00:29:22 Era Martin | Rutanda: Hi! I'm new here. As the founder, author, and guide of Rutanda, I help release dormant emotions through my comprehensive meditation and physical movement system, gently releasing stress, overwhelm, and unexplainable pain. 'Rutanda' and 'Seated Rutanda' will be published this Friday. Another book is in the makings for my business. All the best to everyone!

00:35:58 Garland Coulson | "Captain Time" GC: Sorry, I have to leave unexpectedly

00:40:05 pamelastambaugh: I just took delivery of my book YESTERDAY!

00:49:18 Wayne Wallace - Director of ELI Technical Solutions: Hello, I had a meeting. Now I'm here

00:55:17 Wayne Wallace - Director of ELI Technical Solutions:  
<https://docuflowsoftware.com>

00:55:38 Era Martin | Rutanda: Reacted to "I just took delivery..." with 😊

00:56:29 Wayne Wallace - Director of ELI Technical Solutions: My book  
<https://sendfox.com/acedigitalpro>

00:57:14 Wayne Wallace - Director of ELI Technical Solutions: my community  
<https://marketingyourbusinesswithvideo.com>

00:57:34 Wayne Wallace - Director of ELI Technical Solutions: my website  
<https://acedigitalproductions.com>

00:59:02 Wayne Wallace - Director of ELI Technical Solutions: be back in a min

00:59:22 pamelastambaugh: My chapters are each one of the 7 Dimensions of Team Power.... It's content pillars already and most of what I produced is based on those 7 Dimensions.

01:03:19 Wayne Wallace - Director of ELI Technical Solutions: I use claude and chatgpt

01:05:22 Grand Connection Events: Motivation Monday. Can you please create 52 #MotivationMonday Quotes. I would also like a caption to go with each quote that I can use across my social media + an expanded email version formatted for GHL. The goal of this content pillar is to encourage, inspire, and motivate my audience to create for themselves a great week ahead. The quotes should primarily be about anything related to business goals, achievement, resiliency etc, but also the subsidiaries of business success, like health, mindset, abundance, spirituality, energy, money, communication, relationships. Can you please begin by providing the 1st 4 (quote, caption, email) so I can see if you are on the right track.

01:20:03 Krista Giannak: <https://www.linkedin.com/in/kristagiannak>