

00:22:28 Jean-Luc Allaire: I do the mindset GC tomorrow
00:22:32 Jean-Luc Allaire:
https://grandconnection.ca/oct-22-the-grand-wellness-mindset-and-laughter-group/?utm_source=newsletter&utm_medium=email&utm_campaign=meeting-532927627099508730+24+Hours+Away%21+Oct%2022%20%7C%20Staying%20Fit%20at%20Your%20Computer:%20Simple%20Ways%20to%20Move%20More%20While%20You%20Work%20at%20The%20Grand%20Wellness,%20Mindset%20and%20Laughter%20Group
00:24:13 Jean-Luc Allaire: Chatgpt
00:24:17 Hilary Samuel | Retirement Transition Coach: Claude & ChatGPT
00:24:22 Krystal Hille: ChatGPT mainly
00:24:40 Krystal Hille: Sometimes Descript
00:25:08 Wayne Baker: ChatGPT, VidAI, Canva
00:25:55 Jeff Veale The Business Guru: awesome save
00:28:16 Hilary Samuel | Retirement Transition Coach: Hilary Samuel;
<https://www.linkedin.com/in/hilarysamuel/> ; hilary@hilarysamuel.com Retirement Transition Coach
00:33:48 Krystal Hille: <https://www.linkedin.com/in/krystal-hille/>
Book Writing Mentor & Alchemist, Editor & Self-Publishing Services.
email: krystal@hillehouse.org

I support people from any stage of the book creation process from vague ideas to finished manuscript publishing, preventing overwhelm, procrastination, perfectionism and speeding up the process.

I run a free workshop in 2 weeks: Overwhelm to Outline:

<https://www.hillehouse.org/workshop-registration>

00:35:48 Jean-Luc Allaire: I help people over 40 reconnect with who they are and get clear on what they really want. So the life they build, actually feels like it's their own

Jean-Luc Allaire

Transformational Coach

Let's have a coffee chat

Calendly

<https://calendly.com/jeanlucallaire/30min>

Text or Whatsapp

780-903-3983

Linkedin

<https://www.linkedin.com/in/jeanlucallaire-lifecoach-speaker/>

00:37:41 Jeff Veale The Business Guru: Hi! Let's connect on...

[Full message cannot be displayed on this version]

00:37:57 Jeff Veale The Business Guru: Reacted to "I help people over 4..." with


00:38:09 Jeff Veale The Business Guru: Reacted to "[https://www.linkedin...](https://www.linkedin.com/in/jeanlucallaire-lifecoach-speaker/)" with


00:41:06 Wayne Baker: I'm Wayne Baker, a retired U.S. Army veteran living in Thailand and the creator of Buy Memories.

I share my travels, everyday adventures, and honest tips to help others explore confidently and spend on experiences that matter. Our mission is simple: make memories, enjoy life, and encourage others to do the same.

We only get one life... Live it.

 buymemories.com  Facebook: Buy Memories  Instagram: @buymemories_too 
WhatsApp: +1 (571) 492-2865

00:43:52 Jeff Veale The Business Guru: Reacted to "I'm Wayne Baker, a r..." with 

00:44:08 Jeff Veale The Business Guru: 50

00:44:21 Wayne Baker: 7

00:44:57 Jeff Veale The Business Guru: good to see you SUSAN

00:45:07 Grand Connection Events: Reacted to "good to see you SUSAN" with 

00:45:08 Jeff Veale The Business Guru: Reacted to "good to see you SUSAN..." with 

00:53:48 Grand Connection Events: yes to lovable

00:54:00 Jeff Veale The Business Guru: SUCH A COOL FEATURE

00:54:32 Wayne Baker: 

01:02:59 Jeff Veale The Business Guru: Its a must have investment a money making asset

01:04:46 Jeff Veale The Business Guru: action gets traction

01:09:11 Grand Connection Events: GHL offer for GC Members Through the Productivity Hub \$49

<https://go.productivityhub.tech/grandconnection>

01:09:17 Krystal Hille: got to go... see you soon!

01:10:46 Jeff Veale The Business Guru: lets chat later today please Kel

01:11:33 Jeff Veale The Business Guru: a no brainer if you are serious about business

01:11:40 Jeff Veale The Business Guru: Reacted to "a no brainer if you ..." with 

01:11:46 Sheynal Saujani: Great sharing ! thanks for the educating us :)

01:12:23 Jeff Veale The Business Guru: got to go client call

01:13:28 Wayne Baker: Send me a message on WhatsApp 571-492-2865. I'll send you link for my LinkedIn

01:13:29 Hilary Samuel | Retirement Transition Coach: Thanks Kel, very cool stuff! gotta go!